

Practice Activities 4

1. Go to playing position and practice tapping your first finger (left hand) on its tape. Can you tap along with the recording of “Donde Estas Yolanda?” on the website?
 - a. Remember to keep your wrist straight and your thumb relaxed when you do this exercise.
 - b. You can see pictures and a video on the website to help remind you what to look for!
2. Play the 3 basic bow patterns on the open strings of your instrument. Remember, no squeezing or pressing on the bow. Listen for a beautiful sound!
 - a. Remember that your elbow should be moving the bow, so your hand can stay very relaxed!
3. Practice Foxtrot. You can find the instructions in the binder and you can hear what it sounds like on the website.
4. If you want a challenge, start practicing the Flower Song from the binder. You will need to use your first finger to play this piece!