

## *Practice Activities 3*

1. Make your playing position and practice touching the neck of the violin or viola with your left thumb and magic line. Check the pictures in the binder or on the web site to make sure it looks correct.
  - a. Remember, your hand wants to “grab” the instrument, don’t let it! Get used to just touching the neck of the violin or viola!
2. Practice Tapping your fingers on the shoulder of your instrument
3. Then, go to playing position and practice tapping your first finger (left hand) on its tape. Can you tap along with the recording of “Donde Estas Yolanda?” on the website?
  - a. Remember to keep your wrist straight and your thumb relaxed when you do this exercise.
  - b. You can see pictures and a video on the website to help remind you what to look for!
4. Practice the basic bow patterns with the bow on your shoulder. You can see a video reminder on the web site. Remember, we move the bow by opening and closing our elbow. Your hand should stay totally relaxed!
5. Play the 3 basic bow patterns on the open strings of your instrument. Remember, no squeezing or pressing on the bow. Listen for a beautiful sound!
6. Can you play Chicken on a Fence Post along with the recording on the website?