Practice Activities 1

- 1. Review how to make a beautiful sound by practicing the Twinkle Rhythms on open strings. Play each of the rhythms on each string. Remember to move the bow from your elbow and keep a relaxed bow hand. No scratches!
 - a. The three basic rhythms are:
 - 1. Running Running Walk Walk
 - 2. Down Wiggle Up Wiggle
 - 3. Ice Cream (sh!) Cone
- 2. Practicing the Flower Song and the Monkey Song using any of the bow patterns.
- 3. Practice Valse Triste. You can find the instructions in the binder and you can hear what it sounds like on the website. Keep your bow hand relaxed as you play the long bows in this piece.
 - a. Make sure your Left hand posture is correct before you start to play!
- 4. If you remember how to play any other songs from last year, practice those as well!
 - a. Keep your left wrist straight as you add more fingers to the string